

## The Therapeutic Massage Tool (TMT)

A hand-held therapy tool, specifically designed to aid effective, robust treatment for a variety of musculoskeletal aches and pains caused by knotted muscle tissue.

Three years in design by therapy and exercise professionals and innovate designers, the TMT has been created to relieve pressure on the therapist's thumbs, fingers and wrists, thereby minimising repetitive strain when treating their patients.

Both therapy professionals and self-users can use the TMT to treat myofascial adhesions. Deep pressure or friction work can be carried out more effectively.

Used as part of a treatment plan it will be a major benefit to professionals and individuals alike.

Our unique website demonstrates the tool in operation by a series of videos and images, to support the user whilst using the TMT. [www.hfti.uk](http://www.hfti.uk)

## Key Features

- Supports general massage, providing muscle relaxation, easing stress and tension.
- Capable of treating at least 26 different parts of the body.
- Improves the flexibility and performance capability of your muscles.
- With grips to enable user to have optimal control when using a variety of treatment and soft tissue release techniques.
- The TMT cap can be used (with the tool inside) on smooth body surfaces, with or without clothes.
- Protruding head on cap for precision work.
- For use with or without cream, wax or lotion.
- Innovative hour glass shape for versatility of uses.
- The non-rollerball side of the tool can generate heat when applying friction and the roller ball can be removed to be cooled in water.
- Small and light weight.
- Ergonomically designed and made from sustainable material and sources.
- Components can be dismantled and cleaned.
- Manual device with no electrical or battery interfaces.
- Patented.



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